To: Emergency Medical Alert Network (EMAN) Participants

Date: October 6, 2006

Current Influenza Activity in San Diego County

On October 5, 2006 (yesterday), an alert was sent to Los Angeles County health care providers stating "an outbreak of influenza A (H1N1) has been reported in San Diego…". The situation referenced relates to a cluster of 9 military recruits who tested positive for influenza A (H1N1) between July 31 and August 15, 2006.

Influenza activity in San Diego County is currently at pre-seasonal low levels. Since July 1, 2006, San Diego County has received sporadic reports of only six (6) influenza A cases. Of these, 4 have been subtyped as H1N1. All other influenza surveillance indicators, such as influenza-like-illness visits to Emergency Departments are at expected levels for this time of the year. Other jurisdictions in California have also received sporadic reports of influenza.

Local health care providers are encouraged to report any positive influenza detections to the San Diego County Public Health Laboratory (619-692-8500). This is a good opportunity to also remind health care providers of the new expanded CDC recommendations for influenza vaccination and prevention. Please see the October issue of the San Diego County Physicians Bulletin, provided on the EMAN web portal under the "News" section.

Thank you for your continued cooperation.

Emergency Medical Alert Network (EMAN)
County of San Diego, Health & Human Services Agency

Community Epidemiology Branch